# Caregiving Answers, No Matter the Question

When you support someone who is aging or disabled, every day is unique. Whether tomorrow brings new experiences, challenges, or questions, Homethrive has the resources available, however and whenever you need them.

The following topics are some examples of where Homethrive can do the research, make the calls, and get the answers you need.

### **Medical Questions**

- How do I prepare for my loved one being discharged from the hospital?
- How do I obtain, use, and maintain my loved one's medical equipment while staying within budget?
- Who are the best providers within my loved one's region and insurance network?
- Are there support groups or educational resources available for my loved one's illness or condition?
- Are there support programs or resources available for financial assistance?

# Social & Emotional Questions

- How do I connect with other caregivers locally or virtually?
- What is respite care and do I qualify as a caregiver?
- How can I find local programs, activities or centers that cater to specific needs and interests of the individual I care for?
- What strategies can be used to address disagreements in my family regarding caregiving decisions?
- How do I handle communicating with a loved one who is slowly forgetting who I am?

## **In-Home Care Questions**

- What is the difference between home health care, respite care, and in-home care?
  How do I know what type of care I need?
- How do I find a caregiver for my family member?
- What questions should I ask when hiring an in-home care agency?
- What modifications can be made to our loved one's home to make it more suitable for aging in place?
- Are there grants or programs available to help with home modifications for seniors or individuals with disabilities?

## **Legal Questions**

- How do I handle legal matters like wills, advance directives, and power of attorney?
- How can I find legal assistance if I can't afford an attorney?
- How can I become a legal guardian or conservator for the person I'm caring for?
- Am I legally responsible for the person I'm caring for and what legal liabilities do I have as a caregiver?
- Are there tax implications or benefits associated with estate planning or trusts?

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# Financial Questions

- When can I apply for Medicaid or Medicare, and how do they work?
- What does my loved one's insurance cover for caregiving and long-term care?
- Are there any government or nonprofit programs that provide financial assistance for caregivers or care recipients?
- What assistance is available for low-income families in terms of providing care for a loved one, respite care, or other support services?
- Are there Social Security benefits for the care recipient?

# **End-of-Life Care Questions**

- What are the options for in-home care versus institutional care?
- Are there resources available for grief support?
- What are the financial implications of end-of-life care?
- What is the difference between palliative care and hospice care?
- How do we talk to our loved one about their end-of-life wishes?

## **Teen Support Questions**

- How can I help a family member with their learning disabilities and/or special education needs?
- How do I help a family member who may be struggling with substance abuse?
- How do I communicate my child's challenges related to their LGBTQ+ identity to family members?
- How do I improve my child's self-esteem issues?
- When should I intervene with my child to help them with mental health concerns?

## **Housing Questions**

- What affordable housing options are available for seniors or individuals with limited financial resources, and are there government assistance program options?
- Can you help source group housing for a disabled child turning 18?
- How do we plan and organize a move for an elderly family member?
- Are there specialized moving services for seniors and disabled people, including packing and transportation?
- Are there programs that assist with making home modifications and how do I access contractors who can make these modifications?

#### **Veteran Care Questions**

- What benefits does my veteran partner have access to and what are they eligible for?
- Are there any financial assistance programs for veterans and their families?
- How can we access support services while a service member is on active duty?
- What housing, job training, and community resources exist to help my loved one transition following their military discharge?
- How can I access support for the mental and emotional aspects of transitioning out of the armed services?

Reduce the time you spend online, on hold, or on the hook for caregiving responsibilities by signing up for Homethrive today.

Visit app.homethrive.com/join or call 888-777-2199

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